Bo'ness ASC Competition and Event Calendar - August to December 2016 _ Version 01.08.16						
	Dates	Event	Location	Squads	Withdrawal Deadline	
August	Sunday 14th	Summer BBQ	Beecraigs Country Park	All	-	
	Sunday 21st	Forth Valley Junior League Round 5	Xcite, Bathgate	Selected Swimmers	-	
	Monday 22nd	Pool/ Land Training Resumes	Bo'ness Academy, Bo'ness	All	-	
September	Sunday 4th	Central Swimming Championships	Grangemouth Sports Complex, Grangemouth	Bronze, Silver, Gold, FIRST AG and FIRST Youth	Thursday 4th August, 5:00pm	
	Wednesday 7th	Inter-Club Skills Session	Grangemouth High School, Grangemouth	Selected Swimmers	-	
	Monday 12th	September Weekend - No Training	Bo'ness Academy, Bo'ness	All	-	
	Saturday 17th	Stirling Autumn Meet	The Peak, Stirling	Silver and Gold	Monday 8th August, 5:00pm	
	Sunday 18th	Forth Valley Junior League Round 5	Xcite, Bathgate	Selected Swimmers	-	
	Sunday 25th	District Regional Squad - Day 1	The Tryst, Cumbernauld	Qualifying Swimmers (invited by the District)	-	
October	Sunday 2nd	Bo'ness Annual Mini Meet	Grangemouth Sports Complex, Grangemouth	Improvers/ Bronze/ Silver	Monday 29th August, 5:00pm	
	Wednesday 5th	Inter-Club Skills Session	Grangemouth High School, Grangemouth	Selected Swimmers	-	
	Saturday 8th/ Sunday 9th	Hearts Premier Age Group Meet	Mercat Gait Centre, Prestonpans	Silver/ Gold	Thursday 8th September, 5:00pm	
	Monday 10th - Monday 17th	October Holidays - Reduced Training	Bo'ness Academy, Bo'ness	All	-	
	Saturday 22nd/ Sunday 23rd	Alloa Graded Meet	The Peak, Stirling	Bronze/ Silver/ Gold	Friday 16th September, 5:00pm	
	Saturday 29th/ Sunday 30th	West District SAG	To be confirmed.	Qualifiers	-	
November	Wednesday 2nd	Inter-Club Skills Session	Grangemouth High School, Grangemouth	Selected Swimmers	-	
	Saturday 5th	Eian Prentice Memorial Gala	Xcite, Whitburn	Improvers/ Bronze/ Selected Silver	Wednesday 28th September, 5:00pm	
	Sunday 6th	West Lothian Schools*	Deans High School, Livingston	-	-	
	Saturday 12th/ Sunday 13th	West District JAG	To be confirmed.	Qualifiers	-	
	Thursday 17th	Time Trial	Bo'ness Recreation Centre, Bo'ness	All	Sign-in upon arrival.	
	Sunday 20th	Forth Valley Junior League Round 6	Xcite, Bathgate	Selected Swimmers		
	Sunday 20th	District Regional Squad - Day 2	The Tryst, Cumbernauld	Qualifying Swimmers (invited by the District)	-	
	Saturday 26th/ Sunday 27th	Dumfries Advent Open Meet	Sir Matt Busby Sports Centre, Bellshill	Silver/ Gold	Friday 21st October, 5:00pm	
December	Saturday 3rd	Annual Club Championships	Bo'ness Recreation Centre, Bo'ness	All	-	
	Sunday 4th	District Regional Squad - Day 3	The Tryst, Cumbernauld	Qualifying Swimmers (invited by the District)	-	
	Wednesday 7th	Inter-Club Skills Session	Grangemouth High School, Grangemouth	Selected Swimmers	-	
	Saturday 10th	Awards Evening/ End of Year Club Social	Linlithgow Bowling Club, Linlithgow	All	-	
	Friday 23rd - Monday 5th January	Christmas Holidays - Reduced Training	Bo'ness Academy/ Bo'ness Recreation Centre, Bo'ness	All	-	

<sup>\*</sup>entries for this meet are not completed through Bo'ness ASC, you should contact your child's school directly. In addition, your child will not be swimming for the Club at this meet.

Key			
Code	Denotes		
	Notable Club Event		
	District Training and Competition		
	FIRST Inter-Club Opportunity		
	Forth Valley Junior League		
	Holidays/ Amended Training		