

Bo'ness ASC Competition Calendar - January to June 2016 - Version 21.04.16

	Dates	Event	Location	Squads	Day 1 - Coach(es)*	Day 2 - Coach(es)*	Withdrawal Deadline
January	Saturday 9th/ Sunday 10th	FIRST Open Meet	Xcite, Bathgate	Selected Silver/ Gold/ FAP/ FYP	Sandy Stephen/ Elaine Coffey	Sandy Stephen/ Elaine Coffey	
	Monday 11th	Pool/ Land Training Resumes	Bo'ness Academy	All			
	Saturday 16th/ Sunday 17th	West District JAG LC	Dollan Aqua Centre, East Kilbride	Qualifiers	Ross Stephen	Sandy Stephen	Tuesday 22nd December, 5:00pm
	Sunday 17th	LDD Development Gala	Xcite, Bathgate	Developers/ Improvers/ Bronze	Ross Stephen		Thursday 10th December, 5:00pm
	Saturday 23rd/ Sunday 24th	Stirling Winter Meet	The Peak, Stirling	Silver/ Gold	Ross Stephen/ Sandy Stephen	Ross Stephen/ Sandy Stephen	Thursday 17th December, 5:00pm
February	Saturday 30th	Scottish Schools Championships**	Tollcross, Glasgow				
	Sunday 31st	Grangemouth ASC JAGS	Grangemouth Sports Complex	Improvers/ Bronze/ Silver	Ross Stephen/ Gemma Downie		Thursday 17th December, 5:00pm
	Thursday 11th	Round 1 - Internal Time Trial	Bo'ness Recreation Centre	All	All		Thursday 4th February, 5:00pm
	Monday 15th	February Weekend - No Training	Bo'ness Academy	All			
	Sunday 21st	FIRST Accredited Time Trial	Grangemouth Sports Complex	Silver/ Gold	Ross Stephen/ Sandy Stephen/ Elaine Coffey		
March	Sunday 21st	FVJL	Xcite, Bathgate	Selected Swimmers	Susan Grant		
	Sunday 27th	Bag Packing	Tesco, Bo'ness	All			
	Saturday 5th/ Sunday 6th	West District JAG LC	Dollan Aqua Centre, East Kilbride	Qualifiers	Ross Stephen	Sandy Stephen	Sunday 7th February, 5:00pm
	Sunday 6th	FVJL	Xcite, Bathgate	Selected Swimmers	Susan Grant		
	Saturday 19th/ Sunday 20th	Ren 96 Graded Meet	Linwood	Silver/ Gold			Thursday 11th February, 5:00pm
April	Saturday 26th	Easter Weekend - No Training	Bo'ness Recreation Centre	All			
	Saturday 26th/ Sunday 27th	Falkirk Otters Mini Meet	Grangemouth Sports Complex	Improvers/ Bronze/ Silver/ Gold			Friday 19th February, 5:00pm
	Monday 28th	Easter Monday - No Training	Bo'ness Academy	All			
	Wednesday 30th March - Sunday 3rd	Scottish National Age Group Championships	Tollcross, Glasgow	Qualifiers			Monday 29th February, 5:00pm
	Monday 4th - Monday 18th	Easter Holidays - See Schedule	Bo'ness Academy	All			
May	Saturday 30th April/ Sunday 1st	FIRST Graded Meet	Sir Matt Busby Centre, Bellshill	Bronze/ Silver/ Gold	Ross Stephen/ Sandy Stephen	Ross Stephen/ Elaine Coffey	Monday 4th April, 5:00pm
	Monday 2nd	Public Holiday - No Training	Bo'ness Academy	All			
	Wednesday 4th	Inter-Club Skills Session	Grangemouth High School	Selected Swimmers			
	Saturday 7th	Long Course Training Event	Royal Commonwealth Pool, Edinburgh	Gold	Ross Stephen		
	Saturday 14th/ Sunday 15th	InCAS Distance Meet	Dunfermline	Silver/ Gold			Thursday 7th April, 5:00pm
June	Saturday 21st/ Sunday 22nd	Swim West Lothian 'IM Tough' Meet	Xcite, Bathgate	Silver/ Gold			Wednesday 13th April, 5:00pm
	Saturday 21st	Midlothian Minnows Meet	Mercat Gait Centre, Prestonpans	Improvers/ Bronze			Wednesday 13th April, 5:00pm
	Saturday 4th	Long Course Training Event	Royal Commonwealth Pool, Edinburgh	Gold	Ross Stephen		
	Sunday 5th	Inter-Club Time Trial	Grangemouth Sports Complex	Improvers/ Bronze/ Silver			
	Saturday 11th/ Sunday 12th	East Lothian Distance Meet	Mercat Gait Centre, Prestonpans	Gold			Saturday 7th May, 5:00pm
July	Sunday 19th	FVJL	Xcite, Bathgate	Selected Swimmers	Susan Grant		
	Thursday 23rd/ Friday 24th	Bo'ness Fair Day - No Training	Bo'ness Academy/ Bo'ness Recreation Centre	All			
	Thursday 30th	Fun Night	Bo'ness Recreation Centre	All			
	Friday 1st - Wednesday 20th	Summer Closure - No Training	Bo'ness Academy/ Bo'ness Recreation Centre	All			
	Thursday 21st	Training Resumes - Reduced Schedule	Bo'ness Recreation Centre	All			

**entries for this meet are not completed through Bo'ness ASC, you should contact your child's school directly. In addition, your child will not be swimming for the Club at this meet.

*subject to change upon coach availability.

*subject to change upon coach availability.

Denotes Additional, Non-Swimming Event